



CROSSBridges

Magazine for the Parishes of SS Philip and James, Whitton
with St Stephen's, Hounslow

No.11

March 2022



© E Malone

Song of Songs 2:12

“Flowers appear on the earth; the season of singing has come, the cooing of doves is heard in our land.”

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DATES FOR YOUR DIARIES

Don't forget to check the [calenda](#) on our websites for information of all events taking place in our churches. In particular, you may like to note:

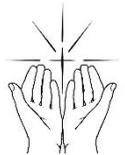
Saturday 5th March – next Community Lunch at SSH

Saturday 12th March – SSPJ Coffee Morning

Saturday 19th March – Community Gardening at SSH

INTERCESSIONS – MARCH 2022

For daily prayer intentions, please see the [calenda](#) on the Ss Philip & James website.



- 6th Our Parish Communities
- 13th Our Lent study groups
- 20th Missionaries
- 27th Our mother church

REGULAR SERVICE TIMES

All services listed are in person with some being live-streamed in addition.

Sundays 9:30am - Eucharist at Ss Philip & James + Live-stream
Sundays 11:00am - Eucharist at St Stephen's
Mondays 9:30am – Morning Prayer – Live stream on Facebook
Tuesdays 9:30am - Holy Communion at St Stephen's + Live-stream
Wednesdays 9.30am – Morning Prayer – Live stream on Facebook
Thursdays 9:30am – Holy Communion at Ss Philip & James + Live stream

First Sunday in each month **All Age Service** at each church ie. 09:30am at SSPJ and 11:00am at SSH.

Sunday 8am: BCP Holy Communion on odd-numbered weeks and CW Said Eucharist on even-numbered weeks (please note that there will no sermon at this service). These will take place at Ss Philip & James Church and will not be streamed.

Facebook: <https://www.facebook.com/philipjamesstephen>

Service Booklets for download or print are available from the Featured Events on our [Calendar page](#). Scroll down to the service you wish to attend and click on the link.

READINGS FOR MARCH 2022

6th Lent 1
[Deuteronomy 26.1-11](#); [Romans 10.8b-13](#); [Luke 4.1-13](#)

13th Lent 2
[Genesis 15.1-12,17-18](#); [Philippians 3.17-4.1](#); [Luke 13.31-35](#)

20th Lent 3
[Isaiah 55.1-9](#); [1 Corinthians 10.1-13](#); [Luke 13.1-9](#)

27th Mothering Sunday
[1 Samuel 1.20-28](#); [Colossians 3.12-17](#); [John 19.25-27](#)

LIVE LENT Embracing JUSTICE

Dear friends,

I am delighted to announce our provision for Lent 2022. Together with many parishes and Christian communities across the country, we are engaging with the 'Embracing Justice' material that forms the Archbishop of Canterbury's Lent book for 2022 and is written by Isabelle Hamley.

"Each year at the start of Lent, Christians are challenged to turn away from sin and towards new life. Together we acknowledge that our own lives, our communities and our world stand in need of God's redeeming and transforming power.

Live Lent: Embracing Justice is the Church of England's theme for Lent 2022. It invites us to examine our own lives truthfully, to see the world more deeply and to pray - for the church and the world far and near - that 'justice may roll down like waters, and righteousness like an ever-flowing stream' (Amos 4.24).

For each day of Lent, this booklet for adults offers a daily Bible reading, a short reflection and a prayer, as well as a practical challenge. Each week follows a different thread through the many stories of justice in the Bible to explore how God works with humanity to bring justice, wholeness and salvation to all."

You can watch a short introductory video here by following [this link](#)

There will be a number of ways of engaging with this material this year:

- Monday, Tuesday or Wednesday Evening by Zoom
- Tuesday at St Stephen's after the 9:30am service over coffee
- Thursday morning at Ss Philip & James after the 9:30am service

We also hope to complement this offer with a weekly spiritual encounter that is likely to end with Night Prayer (known also as Compline).

One of the benefits of the material on offer this year is that it will connect with the online provision that many of you have subscribed to previously for Lent or Christmas. Also, I was pleased to see that there are resources aimed at our kids that accompany the adult series, and these resources will be available to our Junior Church in due course.

When the Ministry Team and I have finalised plans, we will write further with ways to sign-up for what will be offered.

With best wishes,
Fr David

BOOK REVIEW

“Falling Upward – a Spirituality for the Two Halves of Life”, Richard Rohr,
SPCK 2012 ISBN 978-0-281-06891-3

I am, and have been for some time, convinced that I am beyond the halfway point of my sojourn on this rock we call home. The grey hairs betray this fact as does my burgeoning interest in matters of spirituality that speak to ‘later’ life. This book was a serendipitous discovery and is written by a spiritual writer of whom I had heard but had never read and I am pleased to be able to review it here now.

Richard Rohr is a Roman Catholic priest and Franciscan who has written a number of books on the subject of spirituality. You may imagine, then, that this is a book of edicts for practicing Christians, but you would be quite mistaken (as I was). This book is written for anyone of any or no spiritual discipline, any or no spiritual framework, and with no regard to religious practice (itself a refreshing characteristic in a spiritual book).

In simplest terms, Rohr attends to his thesis that there a duality within our spiritual experience (as Christians or otherwise) – one for the first half of life and another for the second. The stand-out (for me at least) basis for his assertion is that the first half of life – to crudely paraphrase him – is concerned almost solely to the task of constructing the ‘container’ that is ourselves, with the second half devoted to filling it up. He speaks eloquently of the Western tendency to keep building and climbing at the expense of furnishing and enjoying, even unto death – of journeying but never to arrive, to cook yet never savour. His assertion, therefore, that the two movements demand a distinct spirituality. Using frequent scriptural references – largely of Jesus Christ, together with those of other preeminent philosophers and thinkers, Rohr considers the two halves of life and those things that are concomitant to that journey – such things as ‘necessary suffering’ (in short that life is a mess, so why deny it), the place of tragedy in the formation of our inner selves, or more simply to embrace darkness and light as equally present and co-formational of who we are. It is a book that seeks to encourage the reader to find peace with brokenness, to discern the very real learning found in sinfulness, and to accept the overarching truth that we change as we age (if we are blessed by years).

This book is not a ‘grab-sit-finish’ work, nor should it be. I found myself reading and re-reading portions of the same chapter (as a rumination as opposed to a fruit of a preoccupied mind) and can see much scope in it to be the basis for a short course of learning and engagement. I am not one for daubing Day-Glo highlighter all over my precious books, but was sore tempted to begin with this one (perhaps a daintily applied HB pencil maybe). Forehead-smacking statements of the blindingly obvious

Continued over ...

(but only after Rohr spells them out) leap off most pages.

2021 was pretty rubbish as we know, but as shining lights go, this was one of the few that I will not forget. Because I read it once in 2021? No, because I will read it again in 2022, 2023, and so on.

Fr. David Cloake

APPY CHURCH

Pray As You Go

A new occasional series from Debby Johnson encouraging you to take your worship with you on your mobile phone ...



This is a free App that can be downloaded to your phone or accessed via <https://pray-as-you-go.org/home/>. There is a different focus every day, which starts with music/songs to get your mind focussed. A bible passage is then read out to you, which is followed by questions which guide your reflection time. I like to listen to this in the car on a short journey as it only takes about 15 minutes. As well as the daily reading there is also a section on prayer tools which include help with such things as daily offerings, exams, loneliness, insomnia, grief, aging, preparing to pray etc. If you want to delve deeper, there is a retreat area which aids you with personal retreat/reflection time.

If you want help with this App or would like to discuss it, please approach Debby Johnson.

SPRING

An acrostic poem - Taking each letter of the title word to start the next line of the verse

Spring has arrived with armfuls of blossom,
Petals of every colour and hue,
Rain and sun caressing the earth
Inspiring spring bulbs to come into view
Now is the time of new beginnings
Giving us pleasure all season through.



WHEN WE HATE OUR ENEMIES

By V. Charles Ward

Since I first read his book 'how to win friends and influence people' back in 1974 I have always been a fan of Dale Carnaegie. His book was the first practical guide on human relationships. But Carnaegie's interest into the subject began much earlier in 1912 when he began teaching classes to young business-people. It was his experiences drawn from teaching those early classes which provided the raw material for his 1936 best-seller. The ideas themselves are basic and have influenced everything which has been written since on that subject. Here they are.

Take a genuine interest in the people around you. Take the trouble to remember their names. Smile. Understand where they are coming from. Try to make them feel important. Speak in terms of their interest. Offer sincere appreciation, never flattery. And never, ever be tempted to criticise or complain. Is that so difficult? The theme running through his book is one of sincerity. There are no cheap-tricks to inveigle oneself into another's affections.

'Win Friends' has sold more than 30,000,000 copies since it was first published. I also get the impression that Carnaegie was, in his own quiet way, a religious man, although he had no truck with the issues which divide Christian denominations. In his 1948 best seller 'How to Stop Worrying and Start Living', Carnaegie advocates walking into any church and praying 'to the one who spins the universe'. But it was another paragraph in his 1948 book which sprang out at me,

"When we hate our enemies, we are giving them power over us: power over our sleep, our appetites, our blood pressure, our health, and our happiness. Our enemies would dance with joy if only they knew how much they are worrying us, lacerating us, and getting even with us! Our hate is not hurting them at all, but our hate is turning our own days and nights into a hellish turmoil."

So let go of those niggling grudges and insults and move on with life. We do it for ourselves. We can extend the hand of friendship to others but it cannot be forced. What is important is that we have offered it. Faith helps us to change ourselves but we cannot force change on others. Nor should we even try. Snubs, rejection and sometimes animosity towards us, are part of life. We have to deal with it. But that doesn't mean we have to return it. Christ teaches us to accept everyone as they are. Let's follow that advice. Sleep well!

WITH GOD IN MIND – PART 1

A patient's view of what the Lord's Prayer says about mental health

By Charlie Smith

As someone who has mental health concerns and is also a Christian, sometimes people ask me how my faith helps me with life's challenges. I've certainly had a chance to think about it. Many of our mental problems arise because our relationships have gone wrong, leaving us suffering inside. But how often do we bring our problems to God in prayer? We all know The Lord's Prayer by heart, but you can find it in Matthew's Gospel, Chapter 5, verses 9-13.

When I was in hospital, recovering from my septicaemia and the breakdown it triggered, I could just about think straight enough to pray. Focusing on the Lord's Prayer kept me going. And now my mind is clearer, I can see that the Lord's Prayer addresses all my mental problems.

The Lord's Prayer begins with the words, Our Father. God is our heavenly father. He's perfect. He isn't flawed like a human parent or an untrustworthy friend. He won't damage us. And He accepts us unconditionally. Through Him, we belong. Through Him, we have worth. So we should constantly remind ourselves that God loves us, every time we say Our Father.

And we do need Him in our lives. We're programmed from birth for attachment. Many of you reading this will come from loving families but this isn't always the case. Our parents don't love us properly. They reject us. Some of us never even know our parents. If we are brought up by our birth parents, they may criticise us harshly for what we are, which can leave mental scars. And other people bully us for being different. It leaves us feeling insecure and anxious. But despite all this, God still believes in us. He doesn't despise us and reject us. God won't walk out because he's had enough. Not even when we turn our backs like ungrateful children. And he doesn't shout and say we're bad, ridiculous or useless. Instead he speaks to us in a still small voice of calm.

The next line of the Lord's Prayer is, Who art in heaven. And it's true, God simply IS. He's eternal. God won't get ill and die, then leave us to carry on. God is there for all time. We need to stop and remind ourselves about this. And when we do mindfulness exercises, we need to make God the centre of our newfound calm. People talk about mindfulness and meditation as if they are something new. But God gave us the ability to make our minds still and calm and slow down our racing hearts, and then over time make us better in different ways, through the creation gift we all have, breathing.

Hallowed be thy name. In every situation we find ourselves in, God's name should be respected and worshipped above all. He will not, he cannot, do anything wrong or shameful. He truly deserves to be worshipped. He won't treat us badly or let us down. If he criticises us, it is because we deserve it. He lets us know He still loves us, despite our weaknesses.

Thy kingdom come, thy will be done, on earth as it is in heaven. We need to have a purpose, something that makes us get up in the morning. If we have a purpose, and especially one that in some way contributes to God's kingdom, we have hope. There is neuro-scientific evidence for purpose making us physically well, contributing to our immunity. The statistics say people with purpose have a twenty percent higher recovery rate after illness. It's in that order of magnitude. And faith gives you a purpose. Purpose is often linked with gratitude and compassion as a virtue that people embrace. Best of all, we feel good when we worship, because God has created us to worship Him and put His spirit in us.

Give us this day our daily bread. God knows the things we need before we ask. And in our capitalist society businesses supply our needs. But we should still give thanks when we eat, whichever grocer the food came from. There are many millions of people in the world less fortunate than us. We can fill our bellies and still be hungry. God knows about the Living Bread that will really feed and sustain us, His love and His word. In John 6 Jesus reveals that He is the living bread. He says seek the bread that does not perish. That gives us God's lasting peace.

We make our present day problems of anxiety and depression worse by turning our back on God, instead of turning to Him. As I mentioned earlier, God has put in our minds and bodies the ability to find peace through mindfulness and breathing. Be still and know that I am God. And He gives us peace through His creation and being in it. Adam and Eve walked with Him in the Garden of Eden in Genesis 3:8. And we can walk with Him too. Even around Whitton and Hounslow.

Forgive us our trespasses, as we forgive them that trespass against us. The word trespass means, crossing a boundary. Much of the anxiety we feel stems from people trespassing against us and us not forgiving it and letting it go. We are damaged by what people say and do to us. If we are to deal with these hurts, we must forgive these people for what they have done. That's true, even if we can't say I forgive you to them for whatever reason. They might be dead, or unwilling to speak to us. Or they are dangerous in some way, and we should avoid seeing them in person. Jesus prayed in Luke 23:34, Father, forgive them: for they know not what they do." And we must do the same. That's because underneath everything, the people who trespass against us were little children once, just like us.

To be continued ...

CRUISING THE MEDITERRANEAN ANCIENT WONDERS (2)

By Fred Michell

On 11th November we sailed slowly along the Dardanelles passing the Gallipoli beaches, and our guide gave us a detailed description of exactly what happened each hour there during the first world war. This was very moving.

Next stop Piraeus, the harbour for Athens. On our first morning we had a panoramic tour of Athens. We had been here several years ago staying in a hotel for a week when we saw all the sights at our leisure. This quick tour was to bring back many detailed memories of The Old Marble Stadium (where the first Olympic marathon ended, and “tomorrow” the latest marathon was due to end), the Acropolis Hill with the Parthenon on top, and the magnificent changing of the guard at the parliament building.

Then it was on to Ancient Corinth. Saint Paul had been there sometime before us (read all about it in your Bible). On the way we stopped at the Corinth Canal. When we saw it many years ago (on a pilgrimage “In the footsteps of St Paul”) it was very rural with only one bridge across it. Today it has numerous amenities, together with two (not one) new dual carriage way bridges across it. Similarly, when we got to ancient Corinth it has become very commercialised. We had to follow the official guide, rather than wander at our leisure and ask any questions we wanted. However, just seeing these two very historic sights allowed my mind to return to ancient times and relive history.

On 14th November we were “at sea” with all the normal on-board entertainment. However, as it was Remembrance Sunday, we had a service of remembrance led by Archbishop Barry Morgan (our on-board chaplain). At 11-00 local time we held our two minutes silence.

The next two days were spent at sea and on one evening we had “The Crew Show” in the theatre. This was very entertaining, and our steward (together with several of his colleagues) did a dance with coconut shell decorations and using coconut shells as cymbals to beat out the rhythm – a very amusing spectacle.

On 17th November we berthed at Almeria, Spain. Today we were taken on a coach tour along the coast road to see several holiday resorts, followed by a drive along the new road up in the hills for an overview. Almeria is famous for the ancient castles and the numerous very large poly tunnels full of Spanish produce, most of which is exported.

The next three days we were “at sea” sailing back towards Southampton. Apart

from all the on-board activities we all had our final Covid test. I am very pleased to report that throughout the cruise and numerous tests, everybody (including all the crew) tested “negative”.

On 21st November we arrived back at Southampton. Because Saga had done all that was necessary, everybody just got off the ship and into our taxis to be taken home, leaving us with lots of new memories.

GARDENER’S PHILOSOPHY

A BUTTERFLY FLUTTERS BY

by Angela Sharp

I’m sure like me you often wonder how best to help wildlife in your garden. We’re often told how the loss of habitat, changes to weather patterns or diseases spreading among populations are a threat to all sorts of species from birds to bees to butterflies. We’re told to let some of our garden grow wild, to plant wildflowers or let part or all of our grass grow longer to help counteract these issues but what does this actually mean?

I don’t see as many butterflies as I did in my garden about 12 years ago. But then the neighbour’s garden on one side was a lot wilder and fairly under-used until about 4 years ago. And on the other side there were once dense shrubs, a veg patch and a large pond, most of which has been removed. No doubt, butterflies were taking advantage of the wilder parts of each garden. I hope that they still enjoy some wild bits in our and nearby gardens as well as the scrubby habitat in the margins along our local railway line, and in the un-used allotments alongside it that aren’t unlike woodland clearings.

I know of two people who have tried leaving part of their fairly small lawns to grow long but only one has deliberately also planted wildflower plants like wild achillea (yarrow) and clover in her grass. Whilst results are as yet unclear I feel certain that as they have a creeping habit they will soon spread throughout her grass so I hope she’s ok with that! It’ll be handy if she has a wound to dress or wants to make a tea with the yarrow leaves though! It’s said to have many health benefits.

Taking a more targeted approach is a good idea. Discovering exactly which plants will encourage butterflies in to feed and to breed is a good start. Whilst labels on some plants in garden centres can now tell us which ones are good for pollinators in general, including butterflies, due to their high pollen or nectar output, butterflies generally prefer wildflowers and you also need a fairly wild piece of habitat containing favoured plants for their caterpillars to hatch and feed on.

Ideally you need three heights of grass. Short, perhaps with some birdsfoot trefoil in it, and medium height grass with wild thyme, cuckooflower, clovers and primrose in, plus perhaps the achillea (yarrow) mentioned earlier. You could even attempt a meadow with various heights of grasses which also contain knapweeds, oxeye daisies, marigolds, wild scabious and clover. And if you have acidic soil you might like to try cowberry (also known as lingonberry) or bilberry, both wildflowers from the heather family and which, handily, have additional medicinal benefits for humans!



Four of our best known butterflies, the Red Admiral, Peacock, Comma and the Small Tortoiseshell choose to lay their eggs on what we often think of as a really undesirable weed - stinging nettles. But you can cultivate and control a patch of nettles. It'll need fertile soil, and you should cut it down in June or July (if there are no caterpillars on it) to stimulate fresh growth and of course flowers.

Sometimes I see other butterflies in our garden, like a tiny blue one I like to think/hope is the Holly Blue as we have a holly tree but it's never still long enough to check! I also see two of the 'browns', the Speckled Wood and occasionally the Gatekeeper, and on warm days the day-flying moth the Jersey Tiger. That could be because parts of our own garden get pretty wild in summer, and we have plenty of wild blackberries in the vegetable garden too and the Jersey tiger does like to alight on bramble flowers amongst others. The summer-visiting Painted Lady may enjoy our thistles too, just as the goldfinches like the seeds in winter.

As children back in Cardiff, my sisters and I have fond memories of slender black and yellow striped caterpillars. We would pick them up and liked how soft they felt. These of course turned into the striking black and red Cinnabar day-flying moth, and this moth depends largely upon the presence of ragwort for its lifecycle. Even now if I see a lot of mature ragwort, say in a 'neglected' long patch of grass that once was a lawn I will probably see a cinnabar moth or its caterpillars. In some places these moths been brought in to control the plant as ragwort is poisonous to horses and cattle.

For further information of course you can look on the internet. But I liked the articles written by the Sussex Wildlife Trust about encouraging butterflies into your garden, and I also have a book called Collins Complete British Insects by Michael Chinery, which tells you all about the UK's most well-known insects of all types, including butterflies and what they like to feed and breed on. With a book like this you can decide which ones you want to try and attract and mark off the species of not only butterflies you see, but also bees, hoverflies and other mini beasts.

OUTSIDE THE BACK DOOR

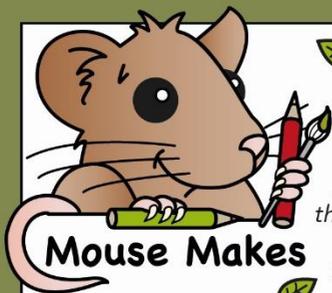
BIRDS OF PREY (EVEN IN HOUNSLOW AND WHITTON!)

I was out delivering leaflets for our Community Lunch when I spotted it circling over the centre of Hounslow – a red kite! No, I don't mean the sort that a child might try playing with on a breezy day. I mean the feathered, flying variety which, prior to the start of a re-introduction programme in 1989, was almost extinct in the UK. The red kite reintroduction programme is one of nature conservation's greatest successes to date. Anyone who has driven along the M40 in recent years will be aware of just how strong the numbers have become. I once counted 75 kites between the M25 junction and Junction 9 in Oxfordshire. I hasten to add that I wasn't driving at the time. More recently I have become accustomed to seeing them on a regular basis as I drive over to church, usually soaring over the Hanworth Road near the cemetery. Until last autumn I was trying to work out whether I was seeing the same bird or whether there was a pair. However, a local RSPB post told me that there are at least three in the area. Apparently they can often be spotted sitting near the entrance to Crane Park so, next time you're there, do look up! If you're not sure what you're looking for, they are reddish brown in colour with white wing patches and, as they soar, their tail feathers fork which makes them relatively easy to spot.

Another bird of prey you might see locally is a sparrowhawk. We've had a very welcome resurgence of sparrows in Hampton but, with sparrows, inevitably comes one of their key predators – the sparrowhawk. Relatively small for a bird of prey, they have steely grey back and wings with a brown/pink breast. One morning in January there was the most tremendous cheeping commotion coming from our front garden that put all our cats on high alert. When I looked outside, there was a sparrowhawk sat right in the middle of our euonymus hedge! The moment it moved, the sparrows all fell silent. I don't think it succeeded in catching one but I was torn between losing a sparrow or the hawk not getting its breakfast!

The third bird of prey I want to mention is another that you can almost be guaranteed to see locally and that's the kestrel. Even if you're not a great bird-spotter, I suspect you know how to recognise a kestrel. They are the birds that you often see hovering at the side of a motorway with their eye firmly fixed on their prey; their wings beating furiously whilst their head remains totally stationary. They are fascinating to watch and if you want to see one locally, head out for a walk in Bushy Park. They particularly seem to like the grassland area as you enter the park from the Hampton side at the end of Duke's Head Passage although I've also seen them just beyond the ponds, again over the rough grassland where they are hoping to spot mice and other small mammals. We've also seen one very local to us in Hatherop Park in Hampton but, to our surprise, we saw one hovering over our own garden last summer!

Elizabeth Malone



Mouse Makes

GOOD FRUIT OR BAD FRUIT?

Jesus said:

"No good tree does not produce bad fruit, nor does a bad tree produce good fruit. Each tree is known by its own fruit..."

...Good people bring good things out of the good they stored in their hearts. But evil people bring evil things out of the evil they stored in their hearts. People speak the things that are in their hearts."

- Luke 6: 43-45

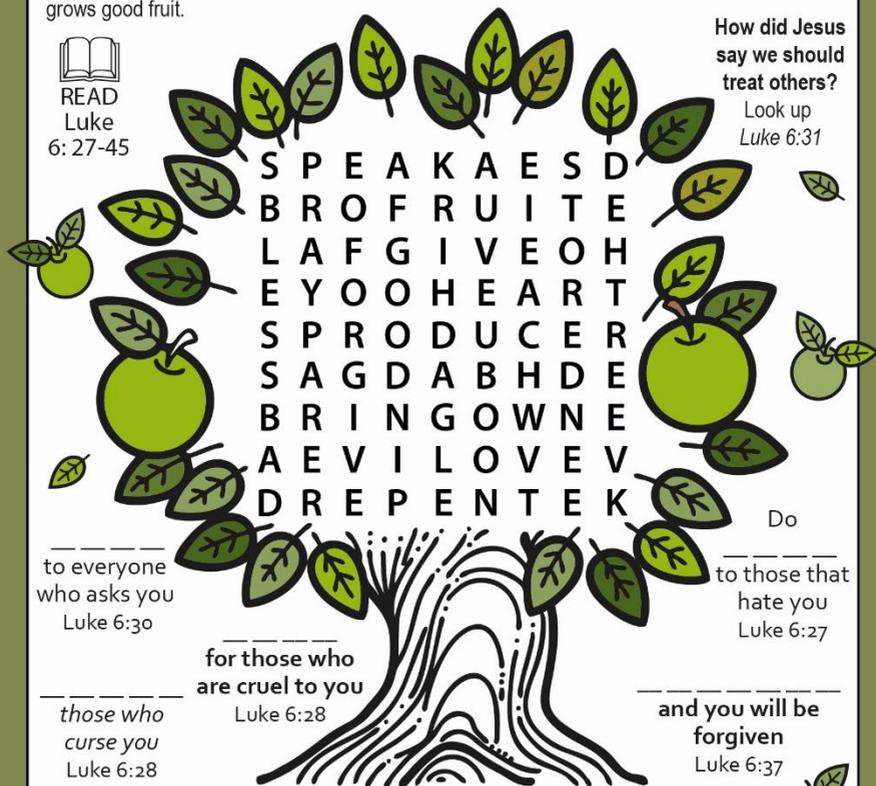
During LENT ask God to help you through His Holy Spirit to turn your hate to **love**, your impatience to **patience** and your unkindness to **kindness**, so we can be like a good tree that grows good fruit.



READ
Luke
6: 27-45

How did Jesus
say we should
treat others?

Look up
Luke 6:31



to everyone
who asks you
Luke 6:30

for those who
are cruel to you
Luke 6:28

those who
curse you
Luke 6:28

to those that
hate you
Luke 6:27

and you will be
forgiven
Luke 6:37

Find these words from **Luke 6** in the word search above.

GOOD • BAD • FRUIT • TREE • HEART • EVIL • EACH • OWN • STORED
PRODUCE • BRING • SPEAK • REPENT • FORGIVE • LOVE • BLESS • PRAY • GIVE

DANCE WORDSEARCH

This month's wordsearch contains the names of 33 types of dance. The 13 unused letters give the name of a dance (two words) which could be seen in Scotland. Solution next month.

E N I U G E B A L L E T T
T L E N I L E E R A U Q S
T O B M A M E V I J U U I
O O F O X T R O T I H A W
V N G A D Z I O C G S D T
A E O N T O T K C G R R W
G S L H A E S L L K E I O
O T C A U T L A A S C L S
R E N N E D T A P W N L T
E P I P N R O H V O A E E
L M A Z U R K A F R L L P
O C N E M A L F I D N K G
B O P A G N O C H A C H A

SOLUTION TO MUSICAL INSTRUMENTS WORDSEARCH

BALALAIKA, BANJO, BASSOON, BONGO, CELLO, CLARINET, CLAVICHORD, CORNET, FIDDLE, FLUTE, GLOCKENSPIEL, GONG, GUITAR, HORN, KAZOO, MARIMBA, MOOG, OBOE, OCARINA, ORGAN, PIANO, PICCOLO, PIPE, RECORDER, SITAR, TABOR, THERAMIN, TRIANGLE, TROMBONE, TUBA, VIOLA, VIRGINAL. The 9 unused letters formed ORCHESTRA.

John Barnes

CROSSBridges DEADLINE



The next edition of CROSSBridges will be the April 2022 issue. Items for inclusion should be emailed to the editor – elizabethmalone@blueyonder.co.uk
Please forward your contribution by **Sunday 13th March 2022 at the absolute latest!**

