

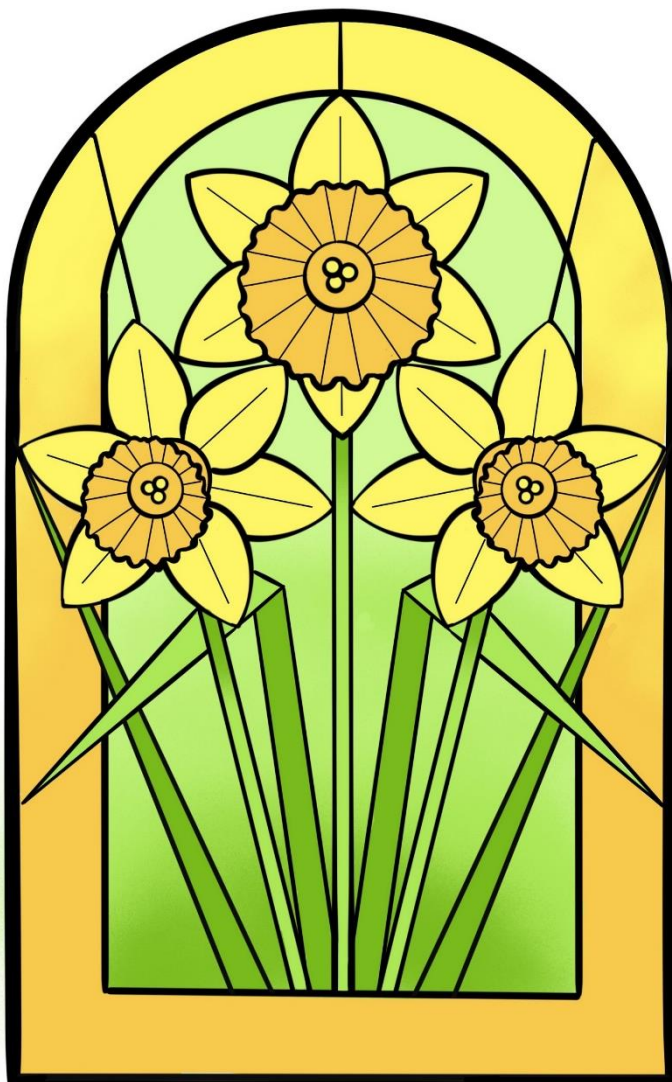


CROSS*Bridges*

Magazine for the Parishes of SS Philip and James, Whitton
with St Stephen's, Hounslow

No.18

March 2023



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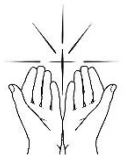
INTERCESSIONS – MARCH 2023

For ourselves:

- 5th For our preparation for Lent
- 12th For a better understanding of Lent
- 19th For our mother church
- 26th For Helen, our parishes administrator

For others:

- 5th That the church may be a visible sign of Christ in the world
- 12th For peacekeepers in the United Nations
- 19th For the work of the Children's Society
- 26th For clergy of the diocese



REGULAR SERVICE TIMES

All services listed are in person with some being live-streamed in addition.

Sundays 9:30am - Eucharist at Ss Philip & James + Live-stream
Sundays 11:15am - Eucharist at St Stephen's
Mondays 9:30am – Morning Prayer – Live stream on Facebook
Tuesdays 9:30am - Holy Communion at St Stephen's + Live-stream
Wednesdays 9.30am – Morning Prayer – Live stream on Facebook
Thursdays 9:30am – Holy Communion at Ss Philip & James + Live stream

First Sunday in each month **All Age Service** at each church ie. 09:30am at SSPJ and 11:15am at SSH.

Sunday 8am: BCP Holy Communion on odd-numbered weeks and CW Said Eucharist on even-numbered weeks (please note that there will no sermon at this service). These will take place at Ss Philip & James Church and will not be streamed.

Facebook: <https://www.facebook.com/philipjamesstephen>

Service Booklets are now on the 'Featured events' links on the calendar pages on our websites. Click on the link to the relevant service at either:

<https://saintstephenhounslow.church/calendar> OR
<https://www.whittonchurch.com/calendar>

READINGS FOR MARCH 2023

- 5th Lent 2
[Genesis 12.1–4a](#); [Romans 4.1–5,13–17](#); [John 3.1–17](#); [Psalm 121](#)
- 12th Lent 3
[Exodus 17.1–7](#); [Romans 5.1–11](#); [John 4.5–42](#); [Psalm 95](#)
- 19th Mothering Sunday
[Exodus 2.1–10](#); [Colossians 3.12–17](#); [Luke 2.33–35](#); [Psalm 34.11–20](#)
- 26th Passion Sunday
[Ezekiel 37.1–14](#); [Romans 8.6–11](#); [John 11.1–45](#); [Psalm 130](#)



For Lent 2023, the Bishops of London Diocese are hosting five online sessions exploring ancient ways of Christian prayer that are still relevant today and can help us spend time in the presence of God.

Sessions take place on Tuesday evenings during Lent, from 7.30-8.30pm on the following dates:

- 28th February, The Examen
- 7th March, Lectio Divina
- 14th March, Centring Prayer
- 21st March, Imaginative Contemplation
- 28th March, Visio Divina (Praying with Pictures)

The evening will be opened and closed with a short liturgy by one of our Bishops. The prayer practice will be introduced and we will have a go at the practice together. A time of optional sharing will be offered at the end for those who wish to reflect on the practice with others.

Everyone is welcome. You can attend some or all sessions and sessions will be recorded so if you've missed one, you can catch up later. Register here:

<https://www.eventbrite.co.uk/e/prayer-practices-for-lent-tickets-486773862727>

SERVICES AT ST STEPHEN'S



Many of you will be aware that we have lost the heating in the main body of the church at Stephen's which has relegated us to the hall on Sundays and the choir vestry on Tuesdays, both with some measure of success. I simply write to let you know that we will maintain this pattern until the end of March, or until we can restore the heating. I remain grateful for your understanding as we seek to make sense of our use of space in this challenging time.

Fr. David

WORLD DAY OF PRAYER

FRIDAY 3rd MARCH

What is it?

The World Day of Prayer is a global, ecumenical movement of informed worship and prayerful action, organised and led by Christian women who call the faithful together on the first Friday in March each year to observe a common day of worship. You may remember this formerly as the “Women’s World Day of Prayer”. It was always inclusive but the title has now been changed to reflect this.

Each year the service is written by the women of a different country and that country then becomes the focus of the world’s prayers on the day itself, which begins as dawn breaks over the island of Tonga in the Pacific and continues across each continent until the last services of this special day are held back in the Pacific, on the island of Samoa, circling the world in prayer for 36 hours

This year the service has been prepared by the women of **Taiwan** – a country that is made up of an archipelago of 100 islands with the main large one, home to over 24 million people. It lies on the Pacific rim and has a high incidence of volcanic activity. The land is suffering from over development and climate change but there is still a rich variety of flora and fauna. The country was called “Ilha Formosa” by the Portuguese – “Beautiful Island” when they arrived in the sixteenth century and has suffered many invasions and political upheavals since then. Children are educated to 18 and have 100% literacy rates. They have had a woman as president since 2016. Christians account for only 6.6% of the population but the Christian women of Taiwan invite us to come and learn more about them.

Who is the service for?

Anyone and everyone – all ages are welcome.

When and where will it be held?

This year the service in our area will be held on

Friday 3rd March at 11.00am
St Michael & St Martin’s RC Church
Bath Road, Hounslow, TW3 3EW

And there will be refreshments after the service.

If you would like further information, please see [Rachel Pickering](#) who is our parishes contact.



STANCING, DANCING, BENDING AND PRANCING

By Revd David Cloake

Some say that the worshipping life of the church is complex. Some think that, if you go to one type of church you spend far too long curtsying and tapping, whilst in another making like a plane and trying to take off. Stand or sit, cross or curtsy, cartwheel or fly? This is definitive guide that you never knew that you needed. Right here. For You.

As we are directed, so we begin – with the Bible. Between pages 1 and a 1000 you find little if not less about how to Dance the Church Service, so why is it important? Well, I suppose it isn't. It is convention; a human construct – designed and aimed at participation, to show respect to the subject matter or the moment, or to indicate reception of a gift. Is there a law or statute that says that we must hold a door for someone, to say 'thank you' when we receive a gift, or stand when someone enters a room? No. Yet we still hold firm to these human constructs too. There is a value to them if we but know what that value is.

Standing – this serves various functions: to show respect, to aid breathing and proclamation, to demonstrate that something has begun.

Sitting – this is the easy one: to rest while witnessing the offering or ministry of others, or to remain still while we receive or wait. Or else it is what we do when we would otherwise kneel and there are no kneelers!

Kneeling – this is a sign of supplication, to lower the personal stature and demonstrate meekness. It reflects solemnity.

Bowing – again, a sign of respect, of gratitude, of acknowledgement. Some of us bow our heads at the neck at every single mention of the name of Jesus Christ.

Crossing – this is more complex, and achingly difficult for non-Catholic western Christians who feel worse than naked in the level of their bodily exposure when so doing. In truth, it is a physical sign of an inward gift (at the point of forgiveness, upon receiving a blessing, to name a few). It is a symbolic act that evokes the three persons of the Godhead. More broadly, it is a way for some Christians to acknowledge God's nearer presence at the moment of a specific act (see above). This can also be expressed as a threefold crossing, typically at the Gospel (inwardly reflecting the intent that the gospel words "be in our minds, upon our lips and in our hearts").

Genuflection – this may look like curtsying, but it isn't. Simply put, a genuflection takes place at a point when we sense that the physical person of Jesus is nearest to us in proximity and reflects the Biblical phrase: 'at the name of Jesus, every knee should bend' (this is also what justifies the neck bowing at the name of Jesus explained briefly above). I genuflect when the gifts are consecrated at the Eucharist, when I pass Reserved Sacrament or at the 'Incarnatus' (the Word made Flesh) at Christmas, to name a few.

So, some examples:

Service beginning – we stand at the start as a sign of something starting, and as a sign of respect to the priest (yes, priests are worthy of respect in a church setting – just saying). Beyond this, we stand for hymns to aid breathing and proclamation.

We sit as directed to hear some prayers, listen to the 'lesser' readings (not the gospel), but stand for the gospel as it is the presence of Christ's word among us.

We would kneel for intercessions to show that we seek God's intervention in our weakness, and that we are in need.

We would cross ourselves in the Absolution (that moment when we receive God's forgiveness) as we receive something inwardly, much as we do at the Blessing.

This all said, posture and all it is concerned with can be regarded as very 'ableist' and expects that all can indeed stand or sit, or whatever. Ultimately, they are outward signs of an inward quality so even if we remain seated throughout, so long as our interior 'posture' is fluid, therein is God.



*Kneeling angels on a St Stephen's kneeler ©
Elizabeth Malone*

APPY CHURCH - LECTIO 365

By Debby Johnson



This is my favoured App at the moment as it has both morning and night sessions based around a theme for the week.

Each morning session follows the idea of P.R.A.Y. - pausing, rejoicing and reflecting, asking and then yielding. After beginning with a stilling exercise, the praise section looks at part of a psalm and a bible reading before giving you a question to reflect on. The asking section takes the form of guided and individual prayer, before the final section of yielding where the Bible passage is revisited and a yielding prayer and promise are made. This normally takes about 10 minutes.

The night session has a repeated refrain of the day and a piece of scripture. During this 8 minutes, we are asked to rejoice, repent and rest. I am often asleep before the end so the calming voice of the speaker is definitely effective in relaxing you through this time of prayer.

LADY DAY – THE ANNUNCIATION – 25 MARCH



This beautiful event (Luke 1:26-38) took place in Nazareth, when Mary is already betrothed to Joseph. The Archangel Gabriel comes to Mary, greets her as highly favoured, tells her not to be afraid, that she will bear a son Jesus, and that her elderly cousin Elizabeth is already pregnant (with John the Baptist).

The church calendar is never quite as neat as some would like it. To celebrate the Annunciation on 25th March does indeed place the conception of Jesus exactly nine months from His birth on 25th December, but the latter part of March almost inevitably falls during Lent. But the birth and death of Jesus are intrinsically linked – He was born to die, and thus fulfil God's purposes.

The Annunciation is a significant date in the Christian calendar – it is one of the most frequent depicted in Christian art. Gabriel's gracious strength and Mary's humble dignity have inspired many artists. Certainly, Mary's response to the angel has for centuries been an example of good faith in practice – humility, enquiry of God, and trusting acceptance in His will for her life.

Parish Pump

ENSLAVEMENT: VOICES FROM THE ARCHIVES

Enslavement: Voices from the Archives, was recently opened to the public at Lambeth Palace Library, in central London, and will run until 31st March 2023.

Items in the exhibition are from the library's archives, which were studied in detail for research by the Church Commissioners for England into links to historic transatlantic chattel slavery.

The display includes early 18th century ledgers from Queen Anne's Bounty that was founded in 1704, a predecessor fund to the Church Commissioners' endowment, and an anonymous letter written by an enslaved person in 1723 to the 'Archbishop of London', the earliest known such advocacy for freedom. A missionary book from 1808, published specifically for enslaved and former enslaved people, is also on display. This book contains selected sections of the Bible, deliberately edited to remove all references to freedom from slavery.

In 2019 the Church Commissioners decided to conduct research into the source of its endowment fund, to know its past better, in order to understand its present, and to ensure that the Church Commissioners continues to support the Church of England's work and mission in the future as best it can. The Church Commissioners worked with forensic accountants to review financial ledgers and other original documents from the archives.

Lambeth Palace Library is the historic library of the Archbishops of Canterbury and preserves the national archives of the Church of England. If you are unable to visit the exhibition in person, a number of items have been digitised and are available online to view alongside interpretations at:

<https://www.lambethpalacelibrary.org/exhibitions/enslavement-voices-from-the-archives/>

The exhibition is open 9:30am to 5pm, Monday to Friday. There are two Saturday openings, 4 March and 1 April (extra date added), 10am to 5pm. Admission is free.



Bibliotheca Lambethana

OUTSIDE THE BACK DOOR

PIGEON POST

By *Elizabeth Malone*

Certain wildlife can be very divisive. Foxes, rats, badgers and even beavers spring to mind as species that are not welcome or celebrated in all quarters. In the bird-world, I'm thinking that the humble pigeon falls into this category.

Take the pigeons in our garden. Exactly one year ago I was bemoaning the fact that we had five socking great wood pigeons stomping about the place. To their credit, they were excellent at eating up all the spilt birdseed under one of our feeders but unfortunately that feeder also hangs above my lavender bushes and, let me tell you, wood pigeons are no respecters of the delicacy of lavender! A wood pigeon is a sizeable creature and lavender can be quite brittle. In addition to stomping around, they were also constantly flirting and sparring with one another, leaping off the ground with thunderous wing clapping and thrashing. To be honest, I was quite relieved when they seemed to be taking a break from our garden. That was until the ferals turned up.

I cannot tell you when this happened but sometime over the summer and into last autumn, for the first time since moving here well over twenty years ago, we found ourselves with feral pigeons in the garden. To begin with it was just two quite smart, neatly striped birds but soon two became at least five. Of course it could be our fault. We moved the fat ball feeder from where it was creating a nasty greasy mess over a rather attractive plant, to a new location suspended over a bit of grass. It didn't seem to bother the regular garden birds who adjusted to the new location within hours but it would seem that the patch of crumbled fat ball beneath became a magnet for these feral pigeons.



Wood pigeon and his feral 'friends' © Elizabeth Malone

You might say we shouldn't be concerned. Feral pigeons are as much God's creatures as the next bird but what we have observed is that the ferals have driven away both the wood pigeons and the collar doves who used to visit regularly. Since Christmas, the wood pigeons do seem to be trying to make a comeback. However, earlier today I saw flagrant aggression from the ferals towards the wood pigeons with two ferals chasing off the larger bird. This is quite sad to see. We are now having a bit of a re-think in terms of the bird food we provide. Apparently feral are

pigeons less likely to eat food mixes containing wheat so we are reading ingredients lists quite carefully.

Looking at what else deters feral pigeons, of course I've come across references to railway stations and other venues using hawks. So maybe we just need to encourage the local birds of prey to come soaring our way a bit more frequently to grab their dinner! Another option is to position a predator bird statue somewhere in the garden but I can think of several reasons or not doing that. Firstly, presumably it would scare off other birds too? And secondly, anyone who has seen the 'mock owls' outside the Pheasantry café in Bushy Park will know that this simply does not work!

That said, I fear more birds of prey might scare away the one collar dove that is braving the fray. Collar doves are the elegant members of the pigeon crowd with their beige colouring, neat black collars and gentle coo'ing. We used to see them in fives and sixes in the garden but not for some time now. In January I saw a pair together late one afternoon but now there seems to be just one. Sadly it was a collar dove that I once witnessed being hunted down by a female sparrow hawk in our garden. The hawk drove the poor dove into the corner of our patio causing it to crash into the doors. Fortunately it didn't stun itself and I think it may have got away on that occasion. Of course sparrow hawks have to eat too!

So at least for the time being, it seems that we are destined to have Percy pigeon dominating the garden and lining up along the roof ready to swoop down the minute we've headed back indoors. As for the cats? Well they seem to find it the equivalent of cat TV!

Elizabeth Malone

Read an illustrated version of this article at
<https://outsidethebackdoor.wordpress.com>

MAY FAIR – SATURDAY 13 MAY 2023

If anyone would like to be involved in running a new stall or an old stall or helping in anyway or has any new and fresh ideas can they please contact either Debby or Mark Johnson

If anyone would like to coordinate the May fair can they please speak to Debby Johnson.



May Fair 2022 © Elizabeth Malone

GARDENER'S PHILOSOPHY

HERE COMES THE SUN

By Angela Sharp

In the dry, bright weather of February I often went in the garden. No surprise there! I was out there one day looking up to the sky. It was mid-afternoon. Birds were flying here and there, two were gliding with their wings pointing up, tilting here and there to change direction. I think they were wood pigeons, and they looked for all the world like they were having a great time, loving life as they flew around. Other birds were singing in the trees, with their springtime calls. They seemed to be saying - we know spring is coming, the sun is making us feel good, let's find a mate and build a nest.... I looked up at the blue sky and saw the vapour trails of a long-gone, high-flying aircraft beginning to splinter as they dissipated and felt the same contentment that the birds seemed to be feeling, buoyed up by the big blue sky and the birdsong and the promise of spring in the air with ever-lengthening days.



Sarcococca ©
Elizabeth Malone

I thought, right here, right now this is a good moment. The sun is out, it's quiet, my garden is waking up. Flowers like snowdrops, crocuses and hellebores are starting to open, later bulbs like daffodils and tulips are pushing leaves up, winter shrubs like sarcococca are smelling lovely, and other buds such as on my camellia are swelling, showing a little more red each day as the petals push against the bud casing. In that moment I felt at one with my little patch of grass, earth and sky. Everything else in the world receded just for a few minutes.

This is perhaps one of the feelings that many garden writers now refer to when describing how being in the garden is good for our mental health. No doubt my feel-good hormones - serotonin and endorphins - were heightened by the cheery scene and the feeling of starting to get the garden ready for spring as I pruned messy or entirely-dead stems and cut back roses. Many report that gardening has helped with calming their mind, giving them something else to think about. But it also gives you the opportunity not to think at all if you just want to stare at the clouds or the insects going about their business, or get stuck into a gardening task. It is true I think - being outside in a garden, almost any garden that's cared for, is uplifting. For me it's also about the smell of the air, the privacy. Looking at the plants, especially when they're in flower, makes you feel happy as you admire their colour/s and shapes. You may also have a right to say 'I did that' if you were the one who planted it or pruned it back so it looks its best, so you also feel a real sense of achievement.

There's a contentment from being just another living thing in the garden too and of course by that I mean the plants as well as the creatures that inhabit this earth with us. We are all inter-connected and I think it's this connection, this feeling of being in a web of life that is at the root of why being in a garden makes us feel good. That and the caring. We care for our plants when we garden, helping them to get the most out of their genetically-programmed growth patterns, flower colour and scent. We provide for our birds when we put food out for them and encourage them to nest nearby if we also have trees, dense shrubs, clusters of ivy or nest boxes. If the flowers we choose have plenty of nectar available we can attract a wide variety of bees, flies, hoverflies, butterflies and bumble bees. We provide for our insects, worms, beetles and the like when we make compost out of our veg and fruit peelings, put it on our soil and leave some leaf litter and rotting logs around the place. With that little bit of 'untidiness' – aka variety of habitats - we may find ourselves caring for a hedgehog or two as well who will eat worms and snails and of course the birds help eat some of the insects, caterpillars and aphids.

Ponds of course are vital for several types of mini beasts if we can fit those in too, like dragonflies and water snails as well as newts, frogs and toads. Gardens can provide vital habitats for a wide range of wildlife because of loss of habitat in the countryside, use of pesticides on fields etc. Anything we can do to help makes a really important contribution to the survival of many species especially if we don't use chemicals either (such as slug repellents and particularly pyrethroid bug sprays).

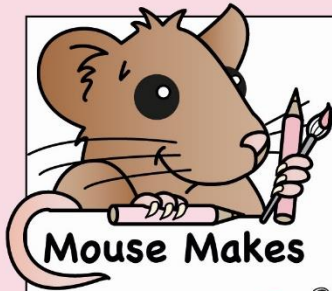
All of that has to make you feel good doesn't it? It's not easy work necessarily because leaving your garden to go wild is rarely good enough. You need to manage your landscape and that's where the enjoyment, satisfaction and mental stimulation can happen. And reaping the rewards if you planted anything edible or simply beautiful and useful, is priceless.

COVID PANDEMIC MEMORIAL SERVICE

A memorial service will be held on Thursday 23rd March, 7pm – 8pm at Ss Philip & James Church.

A Service of Commemoration for those who lost their lives as a result of the Coronavirus Pandemic. This service marks the third anniversary since the first lockdown. We will also bless the memorial benches, purchased with funds raised in memory of those who suffered in any way during the pandemic.

<https://sspjssh.churchsuite.com/events/comzik5a>



WHO IS MY MOTHER?



- | | |
|---------|-----------|
| CAIN | ELIZABETH |
| ISAAC | HANNAH |
| JESUS | RACHEL |
| JACOB | REBEKAH |
| TIMOTHY | EVE |
| JOSEPH | MARY |
| SAMUEL | SARAH |
| JOHN | EUNICE |

Look up the Bible verses then find the answers and the names below in the word search



- REBEKAH
- ELIZABETH
- EUNICE
- RUTH
- MARY
- RACHEL
- LEAH
- ZIPLAH
- MOTHER
- MUM

BIBLE MOTHERS

Who had two sons called Cain and Abel?

— — — —
Genesis 4:1-2

Who was 90 years old when she had her son Isaac?

— — — —
Genesis 17:19

Whose prayers for a child were answered by God?

— — — —
1 Samuel 1:20

Who was Ruth's Mother-in-Law?

— — — —
Ruth 1:1-5

Eunice was Timothy's mother, but who was her mother?

— — — —
2 Timothy 1:5

Who saved her baby by putting him in a basket in the river?

— — — —
Exodus 6:20

Look up the Bible verses and find out who the Bible mothers are.



M — — — —
Matt 1:16

O — — — —
2 Tim 1:5

T — — — —
1Kings 1:11

H — — — —
1 Sam 1:20

E — — — —
Gen 34:1

R — — — —
Gen 30:22



How many other words can you make from:

MOTHERING SUNDAY



E E L O I S Z I L A M J H
 U V N Z M A R Y Z U O Z R
 N E A D U R U T H L T I A
 I J O C H A B E D E H L C
 C I M B J H M U M A E P H
 E L I Z A B E T H H R A E
 R E B E K A H A N N A H L

ACTS CHARACTERS WORDSEARCH

This month's wordsearch contains 28 characters named in the Acts of the Apostles. The 5 unused letters form the name of one of the Roman Governors before whom Paul was tried. Solution next month.

John Barnes

B M S U P S I R C H S L
A A A A L F E E A P U E
N S R T H U L T L E L I
N N A T T P A E I S I L
A O E P H H A P U O H A
S S M H P O E I Q J P M
A E A I P H L W A P O A
C M R I T E I O I C E G
R A Y M N J T R M I H A
O J A R O A G S A E T B
D R O H X A N D R E W U
K C N O M I S A D U J S
D I O N Y S I U S A U L

SOLUTION TO COLLECTIVE NOUNS WORDSEARCH

AMBUSH (tigers), ARMY (frogs), BROOD (chickens), BUSYNESS (ferrets), CAST (hawks), CETE (badgers), CHARM (finches), CLOWDER (cats), CRASH (rhinoceros), DECENT (woodpeckers), DROVE (cattle), FAMILY (otters), FLOCK (sheep), GAM (whales), HERD (deer), HUSK (hares), LEAP (leopards), LITTER (pigs), MURDER (crows), MURMURATION (starlings), MUSTER (peacocks), PACK (dogs), POD (seals), PRIDE (lions), RAFTER (turkeys), ROUT (wolves), SCHOOL (porpoises), SHOAL (fish), SHREWDNESS (apes), SKEIN (geese), SLOTH (bears), SWARM (bees), TITTING (magpies), TRIBE (goats). TROOP (kangaroos), TURN (turtles), WATCH (nightingales). The 9 unused letters formed OBSTINACY (buffalos).

John Barnes

CROSSBridges Deadline

The edition of CROSSBridges will be the April 2023 issue. Items for inclusion should be emailed to the editor – elizabethmalone@blueyonder.co.uk
Please forward your contribution by **Sunday 12th March at the absolute latest!**

SS PHILIP & JAMES CHURCH: The Heart of Christ in the Heart of Whitton
Hounslow Road, Whitton, Twickenham, TW2 7DY

St Stephen Hounslow: Know God’s Love and Believe
Parkside Road, Hounslow, TW3 2BP

Vicar: The Revd David Cloake Email: vicarssh@gmail.com
The Vicarage, 205 Kneller Road, Whitton, Twickenham, TW2 7DY

Parishes Administrator - Helen Bott
Parish Office (Answerphone) 020 8898 2694 Email: office@whittonchurch.com
Please contact the office for hall, general enquiries and to arrange a Wedding, Baptism or Funeral.

Safeguarding Officer: Mrs. Angela Bowman 020 8893 4918

Keep in touch: Websites: <https://www.whittonchurch.com/>
<http://www.saintstephenhounslow.church/>
Facebook: <https://www.facebook.com/philipjamesstephen>

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TEL: _____ **EMAIL:** _____

I enclose a cheque payable to St Stephen’s Church